

Career Planning and Decision-Making

- Objectives:
 - To understand the importance of career planning and decision-making.
 - To provide resources to learn about OSU majors.
 - To outline next steps in the exploration process.



Scrambled Careers

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Career Planning Model

Self-Assessment

Learn about interests, abilities, values, and personality to find your mission in life and identify career and academic possibilities

Career Exploration

Gathering information about occupational fields, and academic areas of study to make informed decisions

Reality-Testing

Trying out a career idea to learn if it fits with what you know about yourself (i.e., does it support your personal mission?)

Evaluating/Balancing

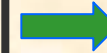
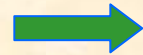
Assessing your effectiveness in reaching your goals, making changes to achieve a balance between work, leisure, and education

Implementing

Taking action to achieve your career objective; e.g. conducting job search, selecting an academic path, applying to graduate or professional school

Focusing & Goal Setting

Establishing long and short-term goals that are consistent with your personal mission



REALISTIC (R) "Doers"

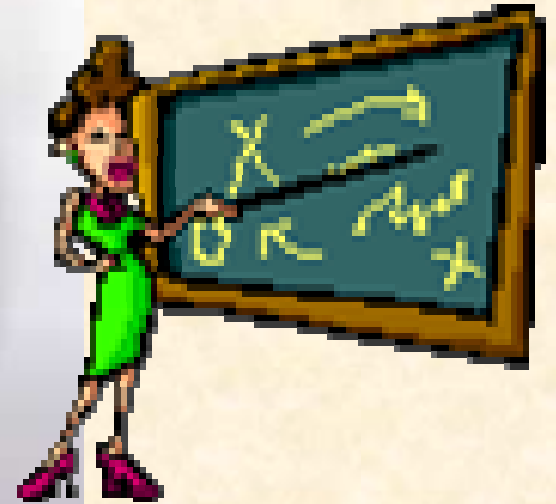
- Prefer to work with things rather than with people.
- Practical and conservative, prefer to work with their hands.
- Enjoy fixing things and working outdoors.
- Athletics and risk taking.
- Value accomplishments and common sense.
- Have mechanical and athletic abilities.



LEFT: THE BETTMANN ARCHIVE

INVESTIGATIVE (I) "Problem Solvers"

- Are task-oriented and prefer to work alone.
- Enjoy solving abstract problems, like to explore and understand things or events.
- Value knowledge, learning, achievement, and independence.
- Usually have math and science abilities.



ARTISTIC (A) "Creators"

- Like to work in artistic settings that offer opportunities for self-expression.
- Convey thoughts and feelings in words, movement, song, or color.
- Use their imagination.
- Value self-expression and beauty.
- Have artistic skills, enjoy creating original work.



SOCI AL (S) "Helpers"

- Sociable, responsible, and concerned with the welfare of others.
- Prefer to help and support individuals in need.
- Enjoy interaction and being around others.
- Value fairness and understanding.



Ziggy Kaluzny/Tony Stone Images



Mass. WPA/Alamy (The Image Bank)

ENTERPRI SING (E) “Persuaders”

- Enjoy leading, speaking, and selling.
- Prefer to be in charge and be managers.
- Enjoy the achievement of power and status.
- Value financial and social success, loyalty, and responsibility.
- Have leadership and public speaking abilities.



CONVENTIONAL (C) “Organizers”

- Prefer highly ordered activities, both verbal and numerical, that characterized office work.
- Enjoy having well defined tasks.
- Like to organize data or objects.
- Perform tasks that required attention to detail and accuracy.
- Value detail and thriftiness.
- Have clerical and math abilities.



Next Steps

- Learn about the career planning model.
- Learn about the four year career planner.
- Learn more about the career services on campus.
- Become familiar with the OSU career events and determine how you can participate.
- Read as much about your intended major/ occupations as possible.
- Learn and visit some important web sites. (web based exercise)

Next steps (continue)

- Talk with people who are interested in your major/occupation.
- Try and find related volunteer, part-time positions, or look for an internship
- Seek the advice of career counselors, advisors, teachers, mentors, and faculty members.